

PRESS RELEASE - June 2025

Exercise Daily Media Lab (EDML) - Official Launch Announcement

New AI-Powered Lab Combines Wellness, Job Training, and Local Business Support in San Jose

San Jose, CA - Exercise Daily is proud to announce the launch of the Exercise Daily Media Lab (EDML), a groundbreaking wellness and workforce training hub powered by AI technology and local community partnerships.

EDML bridges the gap between digital innovation and health equity, providing real-world job training, media tools, and AI-based wellness support to underserved communities.

Highlights:

- AI-powered fitness, nutrition & recovery tools
- Online & in-person classes at community & senior centers
- Real-world media internships & job readiness programs
- Gang prevention through structured youth alternatives
- 75% discount media services for trainers, studios & small brands
- Sponsored scholarships for veterans, seniors & low-income participants

-Our goal is simple: create healthier communities and real career paths by combining technology with hands-on wellness,- said Majid Amjadi, Director of Exercise Daily Media Lab.

Program Launch: Mid-Summer to Early Fall 2025

Now Accepting: Volunteers, Workforce Trainees, Business Partners, and Scholarship Sponsors

Media Contact:

Email: pr@Exercisedaily.com

Web: <https://exercisedaily.com/media-lab>

Apply Online: Complete the form for fastest response

Together, we're building stronger communities, healthier lives, and a skilled wellness workforce.

- The Exercise Daily Media Lab Team

